

**PSHE**  
**Vocabulary Progression**  
**See 1 Decision knowledge organisers for definitions**

PSHE Module	Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
Keeping and Staying Safe	<u>Road Safety</u> Community Discuss Choice Pedestrian Zebra crossing Pelican crossing Puffin crossing	Toucan crossing Avoid Situation Risk Safe Imaginary	<u>Tying Shoelaces</u> Laces Buckle Accident Velcro Unsafe		<u>Staying Safe – Windows</u> PCSO Appliances Dangerous Chemicals Warning Signs Pressured Permission		<u>Cycle Safety</u> Statement Opinion Fact Strategy Junction Cycle Safety		<u>Peer Pressure</u> Peer pressure Encourage Risk Risk assessment Support network		<u>Water Safety</u> Danger Consequences Water safety Water pollution Hidden currents Warning flags	
Keeping and Staying Healthy	<u>Washing Hands</u> Healthy Unhealthy Germs		<u>Healthy Eating / Brushing Teeth</u> Ingredients Energy Repair	Vitamins Natural Saturated fat Decay	<u>Medicine</u> Medicine Allergies Vaccination	Antibodies Research Immune System Doctors	<u>Healthy Living</u> Lifestyle Balanced diet Blood Pressure Carbohydrate	Saturated fat Vital organs Food chart Mind map Protein Calorie	<u>Smoking</u> Nicotine Addictive Illegal Tobacco e-cigarette	Respiratory system Cardiovascular disease Cigarette	<u>Alcohol</u> Alcohol Ethanol Legal age limit Alcohol poisoning	Fermentation Unit
Relationships (RSE)	<u>Friendships</u> Relationships Love Security Stability Disagree		<u>Bullying</u> Bullying Mean Describe	<u>Teasing</u> Threatening Advice Imagine Anti-bullying	<u>Discrete Touch</u> Communicate Situation Penis Testicles Vagina	Vulva Anus Private parts Appropriate						
Growing and Changing (RSE)							<u>Appropriate Touch</u> Nervous Scared Inappropriate Connection Civil partnership Marriage		<u>Puberty</u> Puberty Hormone Vagina Vulva Penis Testicles	Ovaries Anonymous question Fallopian tube bladder	<u>Conception</u> Conception Reproduction Consent Womb Urethra Fertilised	Conceived Caesarean Foreskin Cervix IVF
Being Responsible	<u>Water Spillages</u> Responsibility Responsible Accident Honesty Dishonest		<u>Practice Makes Perfect</u> Abilities Thoughtful Qualities	<u>Manners</u> Courteous Appropriately Self-respect Improve	<u>Stealing</u> Borrowing Stealing Consequence Irresponsible Responsible		<u>Coming Home on Time</u> Punctual Responsible Irresponsible Appointment		<u>Being responsible</u> Considerate Inconsiderate Isolation Loneliness Mental health		<u>Stealing</u> Consent Possession Stealing Responsible Irresponsible	Permission Trust borrowing
Feelings and emotions	Jealousy Recognising Loneliness Frustration Experience Jealously		Anger Fidgety Annoyed Worried Control Trust	Anger Manage	Grief Grief Confusion Memory box		Jealousy Feelings Emotions Physical health Mental health Strategies		Anger Displeasure Hostility Annoyance		Worry Worry Anxious Troubled	Positive action Prepare for change Mindfulness strategies

Computer Safety	<u>Online Bullying</u> Online Positive Negative	<u>Image Sharing</u> Permission Opinion Rules Declaration	<u>Making Friends Online</u> Chatroom Report Reply Respond ChildLine	<u>Online Bullying</u> Online relationship Online bullying Offensive Insulting Posting False content	<u>Insulting</u> Rude Device Opinion Rumours	<u>Image sharing</u> Application Survey Kind action Image sharing Illegal	<u>Computer Safety</u> Application Pretending Age restriction Online activity Social media Password
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Our World	<u>Growing in our World</u> Planet World Environment Unique Common	<u>Living in our World</u> Humans Reproduce Protect	<u>Wildlife</u> Community Credit Card Spend Receive Save	<u>Looking After our World</u> Reduce Re-use Recycle Environment Carbon Footprint Carbon Dioxide Global Warming			
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The Working World					<u>Chores at Home</u> Income tax VAT Contribution Self-motivation Apprenticeship Volunteer	HM revenue and customs Society Chore Independence Stereotype	<u>Enterprise</u> Enterprise Priority Fundraising	<u>In app purchases</u> Bank account Loan Tax Budget Comparison Fairtrade	Interest Debit card Credit card Wages Debt In-app purchase Gambling
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Hazard Watch	<u>Is it safe to eat or drink?</u> Potential Sibling Community Hazard Danger	<u>Is it safe to play with?</u> Potential Sibling Community Hazard Danger							
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A World Without Judgement					<u>Breaking down Barriers</u> Judgement Equality Diversity Disability Polite	Cohesion Barrier Attributes Similarities Differences Courteous Respectful	<u>Inclusion</u> Inclusion Acceptance Discrimination Unique Anti-social Hate crime	<u>British Values</u> Democracy Rule of law Individual liberty Values Cohesion Equal rights	<u>Mutual respect</u> Tolerance Faiths and beliefs Stereotype
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Fire Safety/ First Aid	<u>Hoax Calling</u> Hoax Emergency	<u>Petty Arson</u> Collapsed Flammable	<u>Texting Whilst Driving</u> Distraction	<u>First Aid</u> Treatment Emergency Severe Clinical Advisor Life-threatening Conscious Asthma Anaphylaxis Allergic Prescribed Obstruction	<u>First Aid</u> Unresponsive Underlying Casualty Compressions Unconscious	<u>First Aid Year 6</u> (Parts 1 and 2) Minor Seizure Nauseous Incident
			<u>Enya and Deedee Visit the Fire Station</u> Declaration			

